



Consider...

Nasrin's day

Early in the morning, Nasrin, 5 years old, hears her mother get up and begin preparing the morning meal. She turns and watches her mother get the porridge ready...Nasrin calls out and her older sister comes to her, lifts her up, smiles and asks, "Are you hungry?" Nasrin has cerebral palsy and has difficulty walking and talking but she understands her sister, shakes her arms and smiles. Nasrin's siblings and cousins come for their meal and Nasrin's grandfather helps feed her the porridge. Nasrin's grandmother carries her after the meal and helps her get ready for the day. Her grandmother sings to her as she washes her face and hands and changes her clothing.

Later in the morning, as Nasrin's siblings and cousins leave to go to the ECD Centre and school Nasrin is pulled in a wagon by her mother as she heads to the market. Nasrin will sit with her mother as she sells some of the vegetables from their garden. At the market, she recognizes familiar faces and hears many different people talking. She smiles and makes sounds when her mother talks with others and they greet Nasrin.

On the way home from the market, Nasrin's mother stops by a flowering bush, picks a flower and let's Nasrin smell the sweet scent.

When her siblings and cousins return home from school, Nasrin sits with them and interacts as they play and help out with the chores.